

TRH Behavioral Health Unit Opens to Serve the Metro East Region



Touchette Regional Hospital (TRH) recently finished construction on the new behavioral health unit located inside the hospital. The facility will provide compassionate psychiatric care for both adolescents and adults who are suffering from mental illnesses in Centreville and surrounding communities.

It consists of two wings; one for inpatient services and another for intensive outpatient services. The inpatient side is a locked-down, 12 bed facility for those who need more

intensive therapy. In the outpatient side, there are group therapy rooms where the staff provides comprehensive and multidisciplinary outpatient services. Both offer a 24 hour on call entry point and are available 24 hours a day, seven days a week for emergency assessments.

Over a year ago, an adolescent program began that offers intensive outpatient therapy for those 12 to 17 years old. For those referred into the program, professional therapists will develop a treatment plan that is individually tailored to the child's specific needs. The therapists work closely with the child's family, school, and health care providers to ensure comprehensive treatment.

Patients are received on a referral basis for the intensive outpatient program through physicians or psychiatrists while the inpatient side serves both voluntary and involuntary admissions. There is a very stringent process that is involved in the intake of a patient. The staff is well trained and experienced in assisting in the admission and evaluation of appropriate care for each patient.

John Cooley, PhD, LCPC, has been the Director of the Behavioral Health Department for over a year. He is excited the new facility is open and is ready to continue to serve the community by providing the best possible care.

"We are going to strive for excellence in providing the most compassionate, professional behavioral healthcare treatment in the Metro East Region. Our clinical staff has a wealth of experience and knowledge in providing excellent care to our patients. We will continue to meet the Behavioral Healthcare needs of our patients, the surrounding communities and the Metro East region," stated Cooley.