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Touchette Regional Hospital Raises Awareness for Addiction Recovery Resources

CENTREVILLE, ILL. (Jan. 10, 2018) -- Touchette Regional Hospital (TRH) is raising awareness for addiction recovery resources. While the most common New Year's resolution surrounds weight-loss, some individuals are focused on addiction recovery.

An addiction is the use of substances that disrupt a person's life. They can develop from any number of life circumstances ranging from job loss, divorce, or the death of a loved one. Recovery involves setting goals and working to achieve them, and the new year naturally feels like a perfect opportunity to take on the challenge of a recovery program.

TRH offers the NEW VISION™ medical stabilization service for individuals facing addiction challenges with drugs, alcohol, and other health-related difficulties. This service accepts patients who are experiencing incapacitation due to substance use or those who are experiencing severe withdrawal symptoms.

"When beginning stabilization with NEW VISION™, the patient participates in a medically supervised hospital stay at TRH," says Dr. Louis Gary, medical director for NEW VISION™ at TRH. "This time is essential for inpatient treatment and substance management. The stay typically lasts three days and is overseen by qualified hospital personnel, which include a medical director and nursing staff."

Addiction recovery is possible and Touchette Regional Hospital can help. The NEW VISION™ medical stabilization service combined with goals of becoming substance-free, can help secure a healthy lifestyle. With qualified medical personnel serving as your support system, you can achieve great progress in just one year. If you haven't met with a healthcare professional to create a plan for a successful recovery, call NEW VISION™ at 618-332-5204.

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About Touchette Regional Hospital

Touchette Regional Hospital has proudly served the communities of the Metro-East for more than 60 years. TRH offers high-quality Cardiopulmonary, Laboratory, Radiology, Southern Illinois Home Care, Physician Specialty Services, Pharmacy, Transportation, Physical Therapy, Senior Care Services, Community Health Connections, Start Now Cancer Awareness Program, Obstetrical Services, 24-hour Emergency Department, New Vision/Substance Abuse Program, Special Needs Dentistry for children, Behavioral Health (inpatient and outpatient), Medical/Surgical/Telemetry, Intensive Care and Surgical Services (inpatient and outpatient). For more information, visit www.touchette.org.